

# Cold Weather First Aid at Naknek

This station is designed to check the Patrol on these first aid skills:

- (1) Protection and safety of the First Aiders
- (2) Protection and safety of the patient
- (3) Knowledge of first aid
- (4) Adequate transportation of the patient
- (5) Teamwork

**(1) The First Aiders need to demonstrate by their actions that all members of the Patrol will be kept warm. (This will be scored heavily.)**

Is someone concerned about the warmth of others? If anything, Patrol members should be putting on clothing and hats, rather than removing them. Patrol members should be actively helping and not resting or rolling around on the ground. If one of the Patrol members is cold, does someone do something to get him warm?

**(2) The First Aiders need to take positive steps to protect the patient.**

Has someone verified that the patient is breathing? Before the patient is moved in any way, have they verified that there are no fractures and no back or neck injuries? Has someone been sent to get professional help? Is there a barrier under the patient so he will not get wet? Are attempts made to warm the patient, that is, for each blanket placed on top of him, two have been placed under him?

**(3) Demonstrate First Aid knowledge.**

Refer to chapter 11 of the Boy Scout Handbook, 11<sup>th</sup> edition. No extra points are given for bringing oxygen or any other first aid items, which normally would not be found in a hiker's first aid kit. First aid supplies are expected to be used; no credit is given for supplies kept in the wrapper. Non-Latex gloves must be used for protection against blood borne pathogens.

**(4) Transportation.**

Does the Patrol have a sledge suitably sized to transport the patient? Has the patient been loaded onto the sledge without causing additional harm? (Kicking the patient to get up and walk to the sledge is not acceptable behavior).

**(5) Teamwork of the Patrol.**

Does someone take charge? Was first aid performed expeditiously? Does the entire Patrol work as a team? (Fooling around and throwing snow will result in the Patrol's not getting two points in this scoring category).

**A Scout is prepared for accidents! Accidents can happen any Time and anywhere. Staying calm and acting with confidence is one of the best first aid procedures.**